

**Welcome to Highlands!**

*Hospes venit, Christes venit - When the guest comes, Christ comes.* Join us in the Greeting Space following 10:30 AM worship for a taste of homemade bread prepared by our members. Visitors are especially encouraged to come by for a small gift and to learn more about the Highlands family.

**Palm Sunday and Easter Flower Sign Up - Today**

Visit the table in the Greeting Space today to sign up to sponsor Palm Sunday greenery and Easter flowers. Worship flowers and greenery are a wonderful expression of our love for God and for an individual to be honored or remembered. Sign up will be available throughout March.

**Lenten Family Prayer Project - Begins Today**

All children and their families are invited to take part in this year's Lenten Family Prayer Project. Pick up a copy of *Reflections on Prayer: An Illustrated Lent for Families* from the Greeting Space or Atrium hallway. This beautifully illustrated guide contains weekly devotionals, activities, and coloring pages for families to use together to focus intentionally on the spiritual discipline of prayer during the Lenten season. By exploring different Gospel passages of Jesus engaged in prayer, families will be encouraged to learn new ways to expand and enrich their experiences of prayer, individually, as a family, and in community.

**Seeking Truth: Lenten Study Small Groups**

During this season of Lent, Highlands invites you to join with a small group study or Sunday School class in *Seeking Truth*. Lenten Offering booklets can be found in the Narthex, Greeting Space, or [www.highlandsumc.net/lent](http://www.highlandsumc.net/lent).

**Entering the Passion of Jesus:  
A Beginner's Guide to Holy Week**

Led by Kathleen and Michael Lalor  
Meets Sundays at 9:15 a.m.  
Contact [kblalor@gmail.com](mailto:kblalor@gmail.com)

**Forty Days to a Closer Walk with God:  
The Practice of Centering Prayer**

Led by Sandi Simmons  
Meets Wednesdays at 5:30 p.m.  
Contact [sandisimmons1956@gmail.com](mailto:sandisimmons1956@gmail.com)

**The Poetry of Lent: Devotions by Mary Oliver**

Led by Reggie Holder  
Meet Thursdays at 5:30 p.m.  
Contact [reggie@highlandsumc.net](mailto:reggie@highlandsumc.net)

**UMCOR Disaster Response**

In the aftermath of the storms that struck Lee County this last week, the United Methodist Committee on Relief (UMCOR) is already on the ground providing aid. Monetary donations can be given at [www.umcor.org](http://www.umcor.org) or in today's offering. Checks may be made to Highlands UMC with "UMCOR" in the memo line. For updates on local United Methodist disaster response efforts and ways to volunteer, visit [www.umcna.org/disasterresponse](http://www.umcna.org/disasterresponse).

**Child Development Center Fundraiser - March 15**

Support the Highlands Child Development Center in an evening of fun and fellowship this Friday, March 15th from 7-11 PM. All adults are invited to B & A Warehouse for food, drinks, and a silent auction. Live auction begins at 9 PM. Proceeds benefit the CDC. Tickets for this fun night are \$30 and may be purchased from Valerie Nash at 933-8751 ext. 110 or [valerie@highlandsumc.net](mailto:valerie@highlandsumc.net).

**Parenting Conversation - March 17**

Join us after worship next Sunday, March 17 for our on-going discussion series just for parents! The topic will be Sharing Your Faith with Your Child with Rev. Elizabeth Goodrich, Presbyterian clergy, and Rev. Herb Robertson, Director of Pastoral Care at Children's Hospital. Lent is a appropriate moment for parents to invest some time in discussing their faith with your children, especially so that you may be prepared for those "big" questions that often come up around Holy Week and Easter. Lunch and child-care following the meal will be provided. Suggested donation of \$20 per family. RSVP are strongly encouraged at [www.highlandsumc.net/families](http://www.highlandsumc.net/families).

**Saturday Supper Sisters - April 6**

All women of Highlands are invited to the next meeting of the Saturday Supper Sisters on Saturday, April 6 at 5:30 PM at Bistro 218 in downtown Birmingham (218 20<sup>th</sup> Street North) for food, fun, and fellowship. If you wish to carpool, be at the church parking lot no later than 5:00 PM. Contact Jody Stewart at [jodywstewart@gmail.com](mailto:jodywstewart@gmail.com) for more information.

**People In Motion - Tuesdays**

People in Motion dance class meets at Highlands each Tuesday at 1 PM in the Fellowship Hall. Each class costs \$10 and is open to adults of all ages and abilities - no previous dance training required. Scholarships are available to those in need of financial assistance. Come join in for an hour of fun, fellowship, and dance! Contact Cynthia Brennan at 205-213-7322 or [cacmjp@bellsouth.net](mailto:cacmjp@bellsouth.net) to learn more.

### KEEP IN PRAYER...

Therese Avant  
Don Delashaw  
Stan Hart  
Nancy Harris  
Nancy Hill  
Pamela Huck  
Brian McFarlin

Brook Morris  
Yvonne Norton  
Nancy Sawyer  
Kathleen & Tommy Thompson  
Virginia Timmons  
Chuck Tyndal

Lisa, sister of Angela Chramer  
Mark Carleton, brother of Lynn Hairston  
Sharon Self, mother of Michelle Jones  
Lisa Mason Gay, sister of Creighton Mason  
Chris Hartley, son-in-law of John McFarlin  
Judy Trench, mother of Bart Trench  
The United Methodist Church

Contact information for those on this list is available from Deb Welsh at [deb@highlandsumc.net](mailto:deb@highlandsumc.net) or 205-933-8751, ext. 211

### **Rise Against Hunger at Vestavia Hills UMC - April 28-May 1**

Our friends at Vestavia Hills UMC have invited us to join them for Rise Against Hunger, April 28-May 1. This community-wide meal packing event can make a tremendous difference in lives of children that go to bed hungry. There are 90-minute time slots that you can sign up for and help pack nutrient rich meals. There is a something to do for every age! Visit [vhumc.org/event/rise-against-hunger](http://vhumc.org/event/rise-against-hunger) to sign up.

### **Catechesis of the Good Shepherd Training**

Highlands is excited to partner with Independent Presbyterian Church to offer an opportunity for you to deepen your own faith while learning about the faith formation of young children. If you have ever considered training to be a catechist, this summer would be a great time to do it! This July, we will offer an intensive one-week Level 1 Catechesis Training course. Participants will meet at IPC for training from 9 AM – 4 PM Monday-Friday (childcare available). This summer's one-week course is Part 1 of a two-part course, with Part 2 meeting in summer of 2020. If you want to know more about the Catechesis of the Good Shepherd, what is involved with the training, and why training to be a catechist is so important and spiritually enriching, contact Lauri Soong at [laurisoong@hotmail.com](mailto:laurisoong@hotmail.com) or Reggie Holder at [reggie@highlandsumc.net](mailto:reggie@highlandsumc.net).

### **Lenten Pilgrimage Invitation - April 12**

Join Jettye Davis and Reggie Holder on Friday, April 12 in a Lenten tour of the Chapel at St. John's Episcopal Church in Montgomery to experience the Stations of the Cross painted by Camilla Brunschlyer, an Alabama artist and teacher. Her work, which is in private collections throughout the U.S., stays true to her basic need to express meaning through symbolic and iconic imagery. The Stations of the Cross were created for St John's over a two year period. She will meet with us to share her vision behind this moving series. After the Chapel, we will walk the labyrinth in quiet reflection, and then join together for a silent lunch in their great hall, eating together with intention. We will then proceed to The National Memorial for Peace and Justice, and then back to Birmingham. You are encouraged to bring a journal to keep your thoughts, where at a later date we may meet again to share our experiences.

WHERE: St. John's Episcopal Church in Montgomery and The National Memorial for Peace and Justice

WHEN: Friday, April 12; Depart Highlands at 9:30 AM, Depart Montgomery at 3:00 PM

WHAT TO BRING: journal, bag lunch, comfortable shoes, water bottle

We will be carpooling. To sign up, contact Jettye Davis at [jettye@hotmail.com](mailto:jettye@hotmail.com).

Highlands United Methodist Church  
[office@highlandsumc.net](mailto:office@highlandsumc.net)  
205-933-8751

Follow us on Facebook, Instagram,  
or Twitter @HighlandsUMC

#### Office Hours

Monday-Friday 8:00 AM - 4:00 PM  
Closed for lunch 11:30 AM - 12:30 PM

Get email updates from Highlands!  
Text HIGHLANDS to 84576

To include an announcement in *Happening At Highlands*, please submit information to the church office by Wednesday at noon.